



OLNEY CENTER

— For Oral & Maxillofacial Surgery —

Anis Tebyanian DMD, MD

Diplomate American Board of Oral & Maxillofacial Surgery

Morpheus8 Pre-Treatment Instructions

Prior to Treatment

- Discuss with Dr. Tebyanian any previous or scheduled treatment such as laser, tanning or microdermabrasion as this will affect when you begin your treatment with us.

7 Days Prior

- Stop Taking NSAID medicines such as Aspirin, Ibuprofen, and Naproxen.
- You may take Acetaminophen (Tylenol)

3 Days Prior

- Discontinue any irritant type of topical products or treatments
 - Such as Alpha Hydroxy Acids, Beta hydroxy Acis, Retinol (vitamin A), Vitamin C (in a low pH formula), scrubs or anything perceived as “active” skincare.
 - Treatment such as microdermabrasion and laser
- No prolonged sun exposure to treatment areas since **sunburn skin cannot be treated.**

Day of Treatment

- Eat a light breakfast.
- **If you chose IV sedation**, then nothing to eat or drink 8 hours prior to treatment.
 - Arrange for someone to drive you home from treatment and do no drive for at least 24 hours post-treatment.
 - Take medications as instructed by Dr. Tebyanian with a small sip of water.
- Arrive with clean skin.
- Do not apply any lotion, powder, makeup, oils, or other products to treatment area.
- Bring hair band to pull hair back.
- Dress comfortably.

What to Expect

- Skin may feel warm and tighter than usual.
- You will look and feel like a moderate sunburn after treatment.
- Skin may crust and peel with redness and swelling for 2-3 days after treatment