



## OLNEY CENTER

— For Oral & Maxillofacial Surgery —

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*Diplomate American Board of Oral & Maxillofacial Surgery*

### **FaceTite and AccuTite Pre-Treatment Instructions**

#### Prior to Treatment

- Discuss with Dr. Tebyanian any previous or scheduled treatment such as microdermabrasion, laser and tanning as this will affect when you begin your treatment with us.
- Fill prescriptions given by Dr. Tebyanian. Start taking antibiotics 24 hours prior to treatment.

#### 7 Days Prior

- Do not take any vitamins and or herbal supplements.
- Stop taking NSAID medicines such as Aspirin, Ibuprofen, and Naproxen.
- You may take Acetaminophen (Tylenol).
- Discontinue any irritant type of topical products or treatments:
  - Such as Alpha Hydroxy Acids, Beta hydroxy Acis, Retinol (vitamin A), Vitamin C (in a low pH formula), scrubs or anything perceived as “active” skincare.
  - Use of sunscreen is advised when outdoors during daylight.

#### 5 Days Prior

- Do not drink alcohol, as it may increase bruising/complications, and prolong downtime.
- No prolonged sun exposure to treatment areas since **sunburn skin cannot be treated**.

#### Day of Treatment

- Eat a light breakfast.
- **If you chose IV sedation**, then nothing to eat or drink 8 hours prior to treatment.
  - Arrange for someone to drive you home from treatment and do no drive for at least 24 hours post-treatment.
  - Take medications as instructed by Dr. Tebyanian with a small sip of water.
- Arrive with clean skin.
- Do not apply any lotion, powder, makeup, oils or other products to treatment area.
- Bring hair band to pull hair back.
- Dress comfortably.

#### What to Expect

- Skin may feel warm and tighter than usual.
- You will look and feel like a moderate sunburn after treatment.
- Skin may crust and peel with redness and swelling for 2-3 days after treatment.