



Pre-Operative Instructions

1. Nothing to eat or drink for **8 hours prior** to your surgery. This includes: **candy, water and chewing gum.** This is very important to ensure you have a safe surgery without complications.
2. Most of your **routine medications** can be taken with the smallest sip of water. If you are taking any medications, please notify the office so we can instruct you on whether or not to take your medications. If you are asthmatic, please bring your inhaler the day of your surgery.
3. **Asthmatic patients** who require an inhaler **MUST** bring it on the day of surgery. **Any patients** who require **additional** medications during surgery **will be charged a \$30 per medication fee.**
4. A **responsible adult** needs to bring you to your appointment and stay with you at all times for at least 24 hours after your surgery. Your driver **must be present** in the waiting area, then may wait the car throughout your entire procedure. If your escort fails to be in the office when your procedure is complete, and you are ready to be discharged you will be charged a **fee of \$100.**
5. Wear **comfortable clothing** to your surgery. It is **required** to wear a short sleeve shirt for easier access to your IV site and to place the monitors. It is best to wear shoes that do not slip off. **There will be a \$10 gown fee otherwise.**
6. **Remove any fake nails** acrylic, solar gel, or any dark nail polish. This may interfere with the pulse oximetry monitor, which will be placed on the end of your finger.
7. If you are pregnant, breast feeding or had any adverse effects to anesthesia in the past, or have a recent cough, trouble breathing, virus/cold you **must inform your surgeon immediately.** Your procedure may be modified or delayed.
8. **HIPAA law PROHIBITS** photos or videos being taken in or around surgical/recovery areas while procedures are being performed.

****If you cancel your appointment within 48 hours of the time you may incur a fee. ****